

Students: What you need to know and do

- **Know that your ADHD meds are a controlled substance.** Possession of these medications without a prescription is illegal.
- **Safeguard your medication from theft on campus.** It is an important tool to management of your ADHD symptoms and it should be there when you need it.
- **A gift is a sale.** In the eyes of the law, giving a controlled substance to someone who does not have the legal or medical authority to possess it is the same as selling it.
- **Don't share your medication with others.** Giving controlled substances to your friends is not only illegal, but can cause them harm if they are not being supervised by a doctor.
- **Follow your medication plan.** Changing your plan without consulting your doctor can have medical consequences and can create a surplus of pills that can lead to trouble. If you don't feel that you need to take your meds on the schedule prescribed, tell your doctor and modify the plan with his or her guidance.
- **Have local resources.** If you are away at school, have your prescribing doctor coordinate with a doctor located near your school to address any issues that may come up or emergencies.

Attention, June 2010