



Advanced
Pediatric
Associates_{LLP}

Developmental Milestones

Teens 15 - 18 Years

Your Teen Needs ...

- ◆ To develop a sense of self-esteem
- ◆ To have more independence
- ◆ To learn to say no to peers with risky behaviors
- ◆ To become responsible for school attendance, homework, and extracurricular activities
- ◆ To start planning for the future by discussing college options, vocational training, military, and future goals
- ◆ A supportive person for accurate information on sex
- ◆ Help in learning ways to say no to sexual pressure and to other risky behaviors
- ◆ Information about how to prevent pregnancy, sexually transmitted disease and HIV
- ◆ To know they are responsible for the consequences of their sexual activity
- ◆ Information about healthy sexual behaviors—such as masturbation, sex dreams—and sexual orientation
- ◆ To understand that normal sexual development includes interest and curiosity about members of the same sex

Hand in Hand for Healthier Teens!